

Community Education

Be SMART

Safe Gun Storage



The Be SMART campaign was launched in 2015 to promote responsible gun ownership in order to reduce child gun deaths. Whether you're a gun owner, or you know someone who owns a gun, there is a role for everyone in the conversation around secure gun storage.

Be SMART is a framework that parents, caretakers and community leaders can follow to help keep their communities safe. Ultimately, you can help prevent kids from accessing firearms by storing them securely, and encouraging others to do the same. Children deserve to feel safe, no matter where they are.

Audience: Adults

Length: 30 minutes - 1 hour

Format: Lecture/Presentation



Checkpoints

Teen Safe Driving Program



The Tennessee Checkpoints program is designed to provide parents and teens a way to manage new teen driver risks.

The early months of independent (without parents) driving is very dangerous for teens. The Checkpoints agreement allows teens and parents to work together to establish driving privileges that manage crash risk.

Through this process your family will:

- Establish driving rules
- Establish consequences for non-compliance
- Jointly reach a parent-teen driving agreement

You and your teen will learn:

- Common new teen driver risks
- How to talk with each other about preventing risks
- Teen driving rules to manage known risks
- How to gradually increase teen driving privileges
- How the Checkpoints Parent-Teen Driving Agreement works

Audience: Parents & Teens

Length: 1 hour

Format: Online



STOP THE BLEED®

Bleeding Injury Training



A bleeding injury can happen anywhere. We've all seen it happen too often—on the news or in everyday life. Life-threatening bleeding can happen in people injured in serious accidents or disasters. Instead of being a witness, you can become an immediate responder because you know how to STOP THE BLEED®.

In a STOP THE BLEED® course, you'll learn three quick techniques to help save a life before someone bleeds out: (1) How to use your hands to apply pressure to a wound; (2) How to pack a wound to control bleeding; (3) How to correctly apply a tourniquet. These three techniques will empower you to assist in an emergency and potentially save a life.

Audience: Anyone

Length: 1 hour

Format: Lecture and Hands-On Activity



To set up a training for your organization, please contact
Le Bonheur Children's Health Advocacy Institute
at LCHAI@lebonheur.org.

Community Education

SPLASH Mid-South

Swim Safety



Formed after the tragic drowning deaths of two Memphis teens on the same day in 2008, Splash Mid-South is a program committed to providing free or low-cost swim lessons, encouraging minority in swimming, supporting lifeguard training, increasing water safety awareness, and providing community CPR training.

Splash Mid-South is a coalition led by Le Bonheur Children's Hospital, Safe Kids Mid-South, City of Memphis, Shelby County Government, The University of Memphis, The Benjamin Hooks Institute for Social Change, Memphis Tiger Swimming, The YMCA of Memphis, and the Mid-South and Memphis Pool.

Splash Mid-South offers free or low-cost swim lessons to children aged 6-12 years who meet the following qualifications:

1. Must receive assistance from the State of Tennessee
2. Must be able to attend all 10 sessions
3. Must have swim suit, goggles, and towel (may be provided, if necessary)
4. Must have transportation to and from swim lesson site

Audience: Families

Length: 10 sessions

Format: Demonstration/Lessons



Scan this QR Code to learn more about our safety training programs:



Scan this QR Code to learn more about about Splash Mid-South:



Child Passenger Safety (CPS)

Car Seat Training



Is your car safety seat installed correctly? Having your child in a properly installed car seat reduces his/her risk of death or serious injury.

Le Bonheur Children's Hospital and Safe Kids Mid-South offer free education and car seat installation services from certified Child Passenger Safety (CPS) technicians.

- Car seat checks are by appointment-only. No walk-ins, please.
- Please bring your car seat's instruction manual and vehicle owner's manual to your appointment if you have them.
- Each appointment lasts about 30 minutes to allow for: inspection of seat, education, hands-on practice, and coaching caregiver through seat installation into their vehicle.
- There is no cost for car seat check appointments.

Audience: Adults

Length: 30 minutes

Format: Demonstration/Installation



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